

# Working Out Loud for Teams

Open Program

March 21st – June 13th, 2023



# Welcome – we'll guide you through the program:



*Katharina Krentz*



*Monika Struzek*

# Working Out Loud (WOL) for Teams

An 8-weeks program to improve team collaboration

## WHY WOL FOR TEAMS

WOL for Teams increases collaboration and trust within a team. It's ideal for integrating new team members or to increase connectedness and performance in existing teams.

## HOW IT WORKS

WOL for Teams is a structured form of peer coaching. The team meets self-organized by video or face-to-face for ninety minutes per week for 8 weeks. Short exercises from the digital workbook help you reflect, discuss and practice different ways to cooperate, collaborate & support each other.

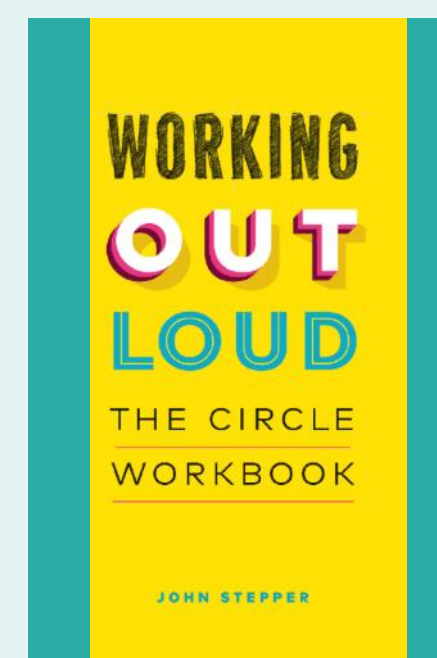
Together, you experience what makes for a more effective team while cultivating a psychologically safe environment. You actively make work better for yourselves as individuals and as a team.

## FOR WHOM IT IS

- Teams working together actively and regularly on joint goal(s)
- Teams of 5-10 people. Larger teams can participate in >1 groups and meet for alignment additionally
- Teams collaborating onsite, offsite or in hybrid mode



8 Weeks



## INCLUDED IN THE PROGRAM

- Support by the WOL Coaches Katha & Moni (Connecting Humans) from start to finish
- 3 live coaching sessions with all participants
- Digital Workbook with a structured curriculum including agenda and exercises for self-organized weekly team meetings

## PRICING

Per team (5-10 people) **2.750 EUR**

## EVENTS (program in German language):

Kick-Off:	21.03. 6.00 p.m. CET
Pit Stop Event:	25.04. 6.00 p.m. CEST
Closing Event:	13.06. 6.00 p.m. CEST

## EVENTS (program in English language):

Kick-Off:	21.03. 1.00 p.m. CET
Pit Stop Event:	24.04. 1.00 p.m. CEST
Closing Event:	13.06. 1.00 p.m. CEST

9.7 out of 10 rating for "I will recommend the program to my colleagues."

Survey results from programs at Bosch & Siemens



"Best tool for increasing the collaboration and mood of virtual teams."

Team Member at Bosch

"I feel much closer to my colleagues."

Team Member at Siemens

# WOL for Teams

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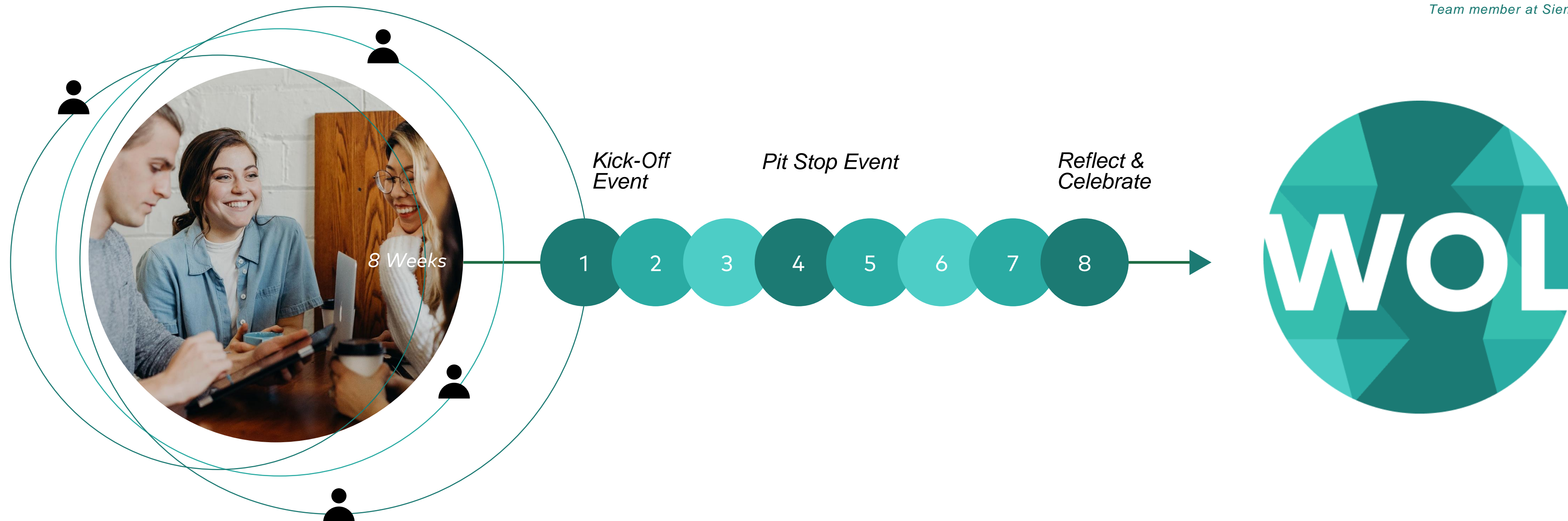
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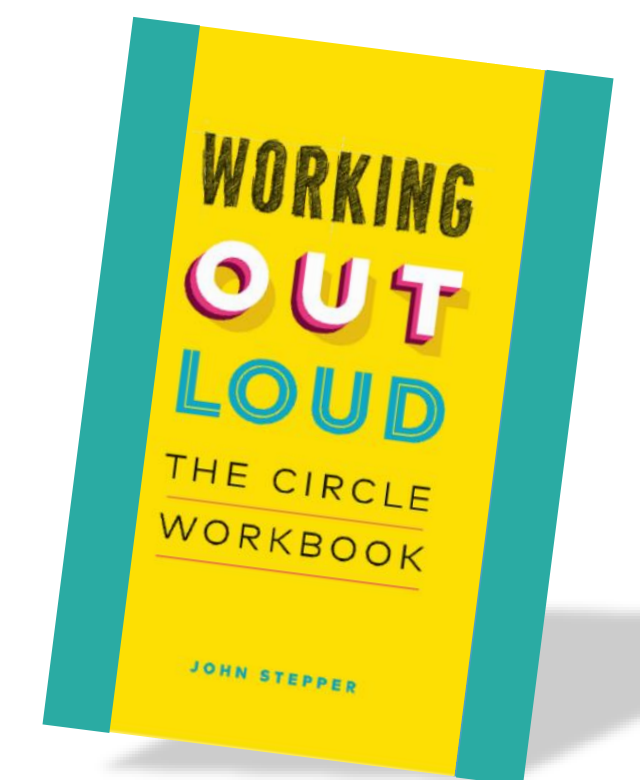
Team member at Siemens



- ✓ 5-10 people
- ✓ 1,5 hours weekly meeting
- ✓ **Focus** on teambuilding & performance

## For which teams?

- ✓ Teams with new members
- ✓ Newly founded teams
- ✓ Existing teams, who want to improve teambuilding & performance



# Program Objectives

These five topics are the core of the eight weeks program:

- **Psychological Safety:** Can we take risks on this team without feeling insecure or embarrassed?
- **Dependability:** Can we count on each other to do high quality work on time?
- **Structure and Clarity:** Are goals, roles, and execution plans on our team clear?
- **Meaning of work:** Are we working on something that is personally important for each of us?
- **Impact of work:** Do we fundamentally believe that the work we're doing matters?



# Program Overview

These are the weekly topics:

## **Week 1: Your best self**

Focus: Getting to know each other

## **Week 2: A universal gift**

Focus : Appreciation

## **Week 3: When words matter**

Focus : Communication

## **Week 4: Getting things done**

Focus : Transparency and collaboration

## **Week 5: A different kind of leadership**

Focus : Cooperation and supporting each other

## **Week 6: Getting better**

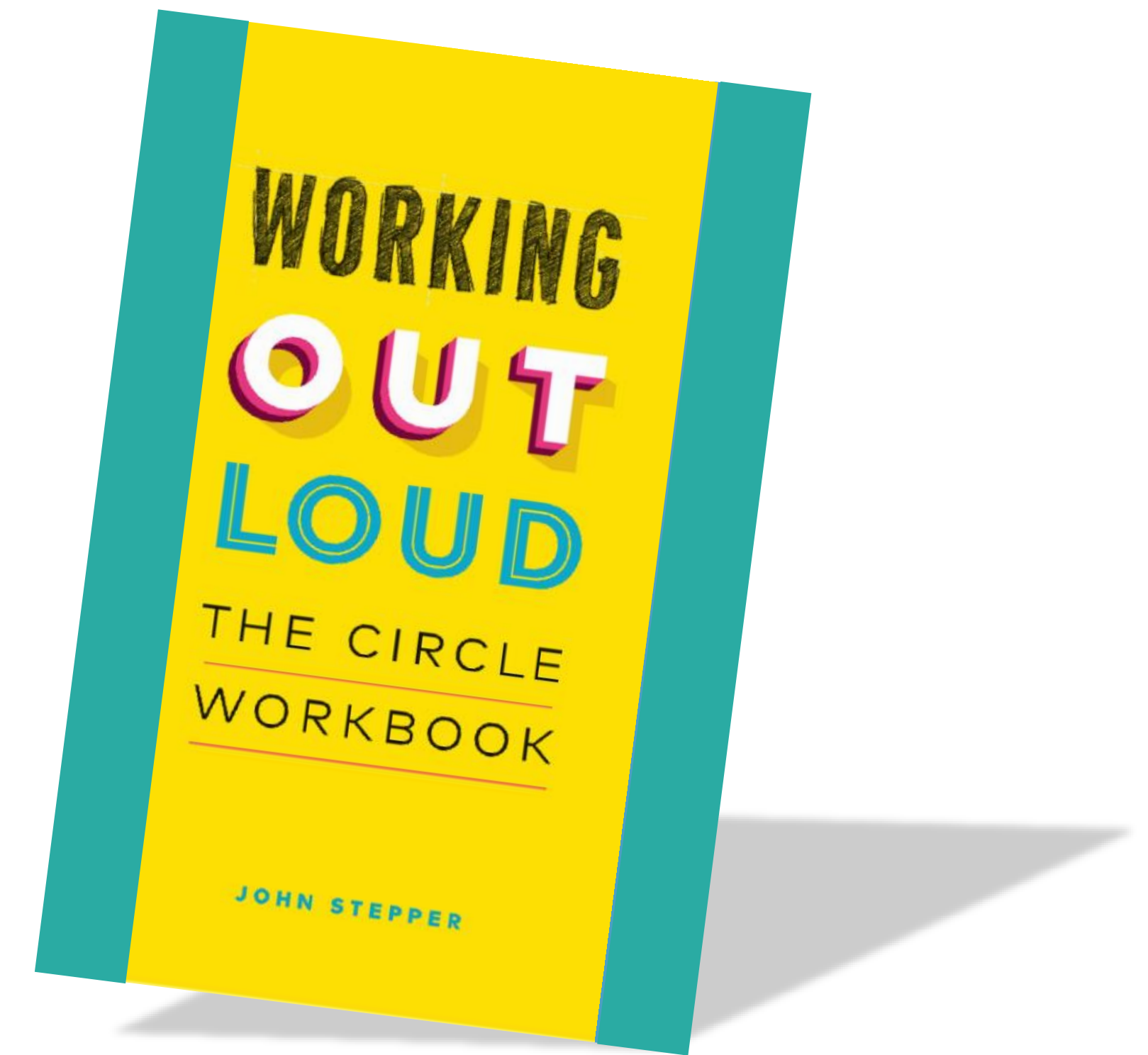
Focus : Giving feedback

## **Week 7: Who are we?**

Focus : Visibility as a team

## **Week 8: Shaping the future**

Focus : Reflection & next steps





# Get connected:

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